

# TELL-TALE



<http://www.melbourneyachtclub.com>

## Officers and Board

### Commodore

Del Wiese 321-773-4884

### Vice Commodore/House

Page Proffitt 321-806-0303

### Rear Commodore/Fleet

Lynde Edwards 321-704-1413

### Secretary

Pamela Worth 321-501-7336

### Treasurer

Eric Stord 321-757-0202

### Directors

#### Entertainment

Jacqueline Cope 321-952-4049

#### Docks

Lean Williams 303-956-6849

#### Bar & Kitchen

Christopher Salmon 321-733-5833

#### Membership

Jim Lacy 321-728-0389

#### Sailing Education

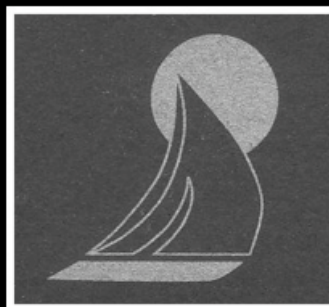
Gary Briand 321-725-8731



## 2012 Laser Masters Mid-Winter East Regatta

16—19 February

Volunteers are still needed for shore side duties. Come help make this as successful event for which the MYC is famous. Contact John Fox at [john@teamfoxy.com](mailto:john@teamfoxy.com).



## 2012 Commodore's Ball

Saturday, February 25th 2012

Five Thirty o'Clock in the Evening

Cocktails 5:30 P.M.

Dinner 6:30 P.M

\$35.00 per person

Please get your reservations in to

[loscalise@aol.com](mailto:loscalise@aol.com)

Please RSVP by 18 February. Due to formal nature of this event, it is Adult-Only.

### Newsletter Editors

#### Text

Pete Anderson 321-541-6461

#### Layout/Historian

Ross Herbert 321-757-9231

#### Layout

Rochelle Yates 321-544-3764

TELL-TALE with color photos:  
Newsletter Archives

### INDEX

BEHIND THE BAR.....	2
BULLETIN BOARD.....	9
CALENDAR.....	8
COMMODORE'S LOG .....	2
CRUSING SEASON THOUGHTS.....	6
DOCKMASTER.....	6
ENTERTAINMENT.....	3
FLEET .....	5
HOUSE .....	2
INLET CHART .....	10
MEMBERSHIP.....	4
PHOTOS .....	4, 9
SAILING EDUCATION .....	3

## John Drawe's Low-Country Boil

10 March

Please RSVP by phone or eMail:

Paty Henry 321-242-3190 ([patyhenry@cfl.rr.com](mailto:patyhenry@cfl.rr.com)) or

John Drawe 722-388-2832 ([jwdrawe@comcast.net](mailto:jwdrawe@comcast.net))



## Commodore's Log

I am still getting used to the title, and really appreciate the support members have expressed to me. Rest assured, my efforts will be focused on doing a good job for the membership. **Pat** will be a hard act to follow, but then he has provided many good paths to follow. I really respect and admire the job he did as Commodore, very well done!



The Board, and I are busy this month with transitioning and budgeting. **Eric** seems to feel all the money is his, and is being very frugal in handing it out (just kidding of course, he is doing great as Treasurer). The LRPC, led by **Bill Baker**, gave the Board some excellent food for thought and we are working on action plans. I will keep you all informed as we develop substantive details.

Planning for the Commodore's Ball is well under way, thanks primarily to **Lois Scalise**, and the excellent committee she has recruited. I know enough to assure you it will be an event to remember, but am sworn to secrecy regarding divulging any details. **Pat** and last year's Board are deserving of high accolades, and **Lois** is working hard to make the event serve this purpose.

I don't think I need to say this, but will just in case anyone does not realize it, I really solicit any and all feedback from members. Comments, compliments and criticism will all be treated with respect and acted up as appropriate. I think part of my job is to make the club better in any way possible, I know the board shares this vision, and your feedback is valuable information for us to act upon.

Thank you for your support of my nomination, I am honored and excited about the year ahead. The nominating committee defined an excellent Board and I look forward to our working together to make some positive things happen.

*Del Wiese / Commodore*



## House

A new year starts with the club and house. As I take over the duties around the club, I am finding things in good order. We will have some projects coming up, and will need some support from our members to get these jobs done. Two of the jobs on the agenda are refinishing the deck and painting the interior walls. I am sure more repairs will pop up and we will address them as they come our way. As you, our members, see needs around the club please feel free to call or email me so the House committee can address your issues. My other duties are reserving the club for private parties. If you need the use of the club for a private party you can find the information on this in the directory. The "Clubhouse Rental Form" is located in the private area on the MYC website under "Documents". As always you can call me if you have any questions.



*Page Proffitt / Vice Commodore—House*

## Behind The Bar

First of all Page Proffitt has cheerfully been doing the work of six men. How do I know this? Because every time I have been behind that bar I have had six people come up to help me. I am sure in their own kind way they were showing me the attention to detail and effort Page daily put into running the bar. What a wonderful job Page has done running the Bar and Kitchen area. Page has offered to oversee my work which is a blessing. Are there going to be some changes? We might change the hotdogs and buns. Two different retired Commodores have asked for a different red wine. All in all, I will be doing my best to keep it running smoothly. If we can do that, we will all have something to drink.



*Christopher Salmon / Bar & Kitchen*

## *Entertainment*



The 2012 party season has been off to a great start at Melbourne Yacht Club. **Pam** and **Mia Worth** and the Corinthians hosted the 80's party on Jan 28th. **Mia** and her Corinthians did a fabulous job. About 75 people attended this event, and everyone had a great time dancing and showing off the best/worst of 1980's attire. There were a few Miami Vice and Jane Fonda look a-likes in the crowd, as well as some famous tennis players. Hmm, 1980's, was it Andre Agassi or John McEnroe? Some of us are still debating that question. Winners of the costume contest were **Erin Walters** and **Bill Shaw**. Thanks **Mia** and the Corinthians for a great party!

The Souper Bowl party was a lot of fun with 50 or so in attendance to watch the Patriots and the Giants faceoff. **Diane Gabik** brought her famous Cajun turkey and **Pam Worth** brought a delicious ham. The soups and chilies entered into the Souper Bowl contest were outstanding. This year the club members and guests were invited to be our judges. It was very close, but our winners were: 3rd place, **Lenny Beckett** with a great chili; 2nd place, **Joanne Abowitt** with her signature Carolina Pulled Pork; 1st place.....yes, AGAIN.....**Mia Worth** with her cannot be beaten Corn and Shrimp chowder. Winners of the Souper Bowl squares game were: **Pam Worth** for 1st and 2nd quarters; **Andrew Wilson** for the 4th quarter and Sailing Education for the 3rd quarter, as that square winner was not present. This was a great night with great and abundant food, good friends and a very good game. Thanks to **Ross Herbert** for donating a crock pot to the club.

Upcoming events: Commodore's Ball Feb 25th, cocktails at 5:30, dinner at 6:30. Please make your reservations now, as the seating is limited to 120 guests. Mark your calendars for **John Drawe's** famous Low Country Shrimp Boil March 10th from 6- 9 PM. More details on that to come.

*Jacqueline Cope / Entertainment*

---

## *Sailing Education*



Planning of the MYC Sailing Education calendar for this year is under way and will be issued in mid February. This year the first adult class will be in April, as the earlier classes were deemed to be less popular due to the cold.

On February 4, a work day was conducted that had been planned and organized by previous director Lynde Edwards. The work party accomplished some needed repairs/maintenance on the 420 fleet:

- Some reconditioned centerboards and rudder blades were installed.
- All six boats received new centerboard gaskets.
- All six boats got new bailing scupper stoppers (tennis balls).
- Extra jibs were evaluated and sorted, with some modifications planned for improved uniformity.
- One Mainsheet was replaced.
- One boat was de-rigged and is sidelined awaiting a new port shroud.

Thanks to the following members who invested their time, effort, and expertise to make the day a success: Bill Baker, Steve Clendenin, Gabe Denes, Jim Edwards, Lynde Edwards, Mike Gallagher, Jim Lacy, Will Moore, and Phil Spletter

Remember to document your and your guests' use of the club owned boats on the sign-out sheets. Also, be sure to note anything found broken on the sheet posted for that purpose. An email to me at myc-outh@melbourneyachtclub.com will help expedite our repairs where new parts or materials are needed.

*Gary Briand / Youth & Sailing Education*



*Did You Know?...*

**Small bower** – The smaller of two anchors carried in the bow.

# Membership

I look forward to being the Membership Director for the coming year and would like to thank **John Martin** and his committee, **Amy Lacy, Doris Jannke & Mia Worth**, for helping get me up to speed on current issues and procedures. If you have any suggestions or issues about membership at MYC, please call me.



**Sandy (Stanley) Johnson** has been accepted as a Resident members.

Welcome **Sandy** and **Sandi**.

Past Commodore **Betty Thon**, widow of **Bill Thon**, and **Carolyn Parker**, widow of Past Commodore Jim Parker, have been made Honorary members.

Also, long time members **Tyree "Ty"** and **Phyllis Harris** have been made Honorary members. They recently moved into an assisted living facility in Viera. They can be reached at The Town Square, 1700 Wuesthoff Drive, #312, Viera, FL, 32940. You can reach them at 321-255-9263. Call or pay them a visit.

New members this past year: Eight Corinthian members, seven Resident members, three Honorary members.

Current membership is:

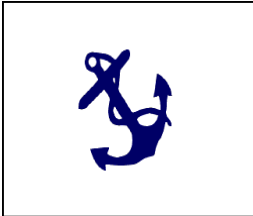
Resident = 155, Non-Resident = 16, Corinthian = 21, Honorary = 13

See you at the club.

*Jim Lacy / Membership Director*



See photos of events on our website: [www.melbourneyachtclub.com](http://www.melbourneyachtclub.com). Click on the **Event Photos** link. Thanks to **Ross Herbert**, Club Historian, for posting them. Find the complete MYC Calendar on our website, too.



## *Fleet*



This may be winter, but the racing sure hasn't stopped here! **Phil** wrapped up his year as Fleet Captain with an outstanding 420 Championship regatta in which nine teams rotated through our six club boats. The first club champions are **Will Moore** and **Suzanne Dunphy**, who also had a lot to do with putting on this one day regatta. Thanks and congrats **Suzanne** and **Will**! Second place honors go to **Dave Noble/ Chloe Mallet**, third to **Jack Clark/Gary Briand**. Congratulations to everyone who raced – good job! Thanks to all the volunteers, I know **Phil** appreciated all the help.

MYC was well represented in the Fort Lauderdale to Key West Race by **Phil Scalise** in *Santarella* and **Del Weise** in *Chasing Rainbows* – and their crews of course. It was a challenging race that many of us followed on-line via the GPS trackers. In the end Santarella took first in her class, 4th in Fleet and won the award for first in a boat over 25 years old. Congratulations to **Phil** and Crew!

What's coming in 2012?

**Hasty** has agreed to continue to run the ever popular "Rum Race" series! Twenty two boats were out recently, and there might have been more if **Phil** hadn't worn everyone out in the 420's the day before!

New to MYC racing is the addition of a monthly racing series, Dragon Point Racing. It's the same format as the ECSA River Races, which ECSA has discontinued to concentrate on their always fun cruising. There are two changes: The cost is lower and you don't need to be a member of any club to participate – just send in your registration and show up. The women's race chairperson is **Susan Jackson**, and their racing started off at the end of January. The co-ed races begin this month, and **Tony Godden** has agreed to be the chairperson for that series. All of the dates, events and forms are on the website. Check it out and get your registrations in if you haven't already. If you have questions or suggestions for Dragon Point Racing contact me, **Susan** or **Tony**. Let's get more boats and crews out racing each month.

The Laser Masters Mid-Winters East Regatta is February 16-19 at Ballard Park. That will be great racing and terrific people, so come on down and watch if you are not already involved in the committee. And if you are, thanks for offering to help. Wet Sunday racing continues and there are plans to make it even more fun – stand by.

We will have a Spring Regatta planning meeting very soon, as that is drawing close, April 21-22 for small boats, and April 28 – 29 for PHRF (aka Big Boats). AND we will have a cruise on April 1-2, a Fools Day Cruise, for those of you that know how to go slow as well as fast!

Whew! That's a lot of sailing! Thanks, **Phil** for leaving everything so organized and running well!

**Lynde Edwards / Rear Commodore—Fleet Captain**



A group of Skippers are walking through town looking for crew, when they see a five-story building with a sign that read, "Crew Association: Ship's Crew Available". Since they are without their crews, they decide to go in. The Security Guard, a very salty type, explains to them how it works. "We have five floors. Go up floor by floor and once you find what you are looking for, you can go there and make your crew selection. It's easy to decide since each floor has a sign telling you who's inside."

Everything seems wonderful, so they start going up and on the first floor the sign reads, "All the crew on this floor are beginners." The skippers laugh, and without hesitation move on to the next floor. The sign on the second floor reads, "All the crew here are experienced, smart but weak."

Still, this isn't good enough, so the Skippers continue on upstairs. They reach the third floor and the sign reads, "All the crew here are experienced, smart and strong." They still want to do better, and so, knowing there are still two floors left, they kept going. On the fourth floor, the sign is perfect, "All the crew here are experienced, smart, strong and former Americas Cup Champions." The Skippers get excited and are about to go in when they realize that there is still one floor left.

Wondering what they are missing, they head up to the fifth floor. There they find a sign that reads, "There are no crew here. This floor was built only to prove that there is no way to please a Skipper!"

## Docks

Welcome to a new MYC year! It is hard to believe it is February when we are sailing in shorts and still using air conditioning!

I would like to begin by thanking David Lister for his excellent work at keeping the docks running smoothly. I can only hope everything will be as tranquil while I am on duty.

Allow me to introduce myself to those I have not yet met. I have been an MYC member for approximately three years now. Most of you have met my wife, **Karen**, who was the Membership Director for 2010. I have two fine young lads, **Christofer**, who is 13, and **Ryan**, who is 11, as well as two Welsh Corgis who love to go out on our boat. We sail upon *Sir Veyor*, a Hunter Cherubini 33, which we purchased from **Pat** and **Gabe Denes**, and we keep it over at the condo docks

Thankfully, there is not much to report about the docks. **Phil** and **Brenda Spletter** have moved onto the docks. Welcome *'Lil Tanqueray!* There is some routine maintenance I will be getting to as I get up to speed. This is also the year that we check the pilings for wear, so I am sure some will need replacing. I will discuss that more at a later time.

I would like to invite all who are interested to be on the dock committee.

I will end by quoting what I feel are some of the most important words in our bylaws concerning the docks.

“The docks of the Melbourne Yacht Club are the focal point of club yachting activities. The use of docks, ramps and associated areas is to be in a manner that facilitates and is supportive of yachting activities of the entire membership”

I look forward to seeing all of you around the club!

*Lean Williams / Dockmaster*

---

## Cruising Season Thoughts

### Medical emergencies on a cruise to the Bahamas

This Cruising Thoughts was written by **Harvey** and **Nancy Melfi**, covering thoughts on medical needs during a cruise.

We've heard it said that the most serious injury, on a sailboat, typically happens when a crewmember is struck on the head by a swinging boom during an unanticipated gibe, however the most frequent injuries are due to trips, falls sprains and other generally minor accidents. On an extended cruise, it's important to be prepared to deal with these emergencies. Remember that once beyond the coast of the US headed for the islands, we have to rely on our own ability to deal with these medical situations. Each of the major settlements in the Bahamas has a government-operated clinic, however we need to be able to provide first-aid treatment to a crewmember until we can reach one of these clinics. The following are the first-aid items we've found helpful on-board our sailboat *Stardust*.

A flashlight to check for eye pupil response after head trauma

Antiseptic cream to treat cuts and scrapes (*Mupirocin Ointment USP, 2% is a great product, but it is prescription, so see your Doctor about getting some.*)

Butterfly strips to close a wound.

Scissors, sterile gauze pads and adhesive tape to cover a wound or a burn.

Silver sulfa (prescription) for burns.

*(Continued on page 7)*

(Continued from page 6)

An assortment of adhesive strip bandages

Long elastic bandages (ACE) for wrapping sprains and fractures – wrap a sprain or splint a fractured limb to the body or to a good limb to immobilize

A mixture of equal parts isopropyl alcohol and vinegar to prevent swimmers ear- we irrigate our ears after swimming

Sea sickness treatment - ginger snaps, ginger ale, Dramamine, Bonine,

Sun-block lotion - 30 - 50 SPF, and aloe gel for sunburn relief (*Ocean Potion Instant Burn Relief ICE is great on sunburns.*)

Anti-diarrhea preparations- lomotil, and for constipation - exlax

Pain relief meds – ibuprofen or others

Sterilized needles and tweezers to remove splinters – we sterilize by heating

A magnifying glass to do close work, such as splinter removal

Meat tenderizer to treat jellyfish stings and reef burns

Benadryl and cortisone lotion or spray for stings, itch or allergic reactions

Sterile saline solution for eye irrigation and for cleaning wounds

A strong anti-inflammatory and a strong antibiotic (prescription)

Heat and cold packs for treating muscle strains

A thermometer

A first-aid booklet – “Red Cross” or “First Aid Afloat” or “Doctor on Board”

Each crewmember should have an adequate supply of their prescription medication to last them for at least a week longer than the expected duration of the cruise. There are drug stores in Marsh Harbour, Freeport and Nassau, where medical supplies and prescription drugs can be purchased, sometimes at lower costs than in the US. If you want to take advantage of possible savings for prescription drugs be sure to bring the appropriate prescriptions. Each crewmember should also be current in cardiopulmonary resuscitation (CPR) and the Heimlich maneuver. All on board should be encouraged to drink at least 6-8 glasses of water a day to remain hydrated.

For more serious injuries, one should declare an emergency on VHF channel 16. In the Bahamas we hail the Bahamas Air Sea Rescue Association (BASRA). BASRA is manned 24-7 by volunteers ready to assist boaters and others in an emergency. They will come to your aid and transport the injured crewmember to the nearest clinic or, if necessary, to an airport for evacuation to Nassau or to the US. We are members of the Divers Alert Network (DAN). For \$55.00 / year, DAN provides emergency air evacuation for medical emergencies, and it doesn't need to be dive related.

Next month we take a look at travel protocols. See you then.



### *Did You Know?...*

**First Lieutenant** – In the Royal Navy, the senior lieutenant on board; responsible to the Commander for the domestic affairs of the ship's company. Also known as 'Jimmy the One' or 'Number One'.

Removes his cap when visiting the mess decks as token of respect for the privacy of the crew in those quarters. Officer in charge of cables on the forecabin. In the U.S. Navy the senior person in charge of all deckhands.

# Mid-February—March 2012



Sun	Mon	Tue	Wed	Thu	Fri	Sat
 <b>12</b> <b>Small Boats</b> Bar Opens at 2PM	<b>13</b>	 <b>14</b> <b>Art group</b> 10am	<b>15</b>	 <b>16</b> <b>Laser Masters</b>	 <b>17</b>  <b>Laser Masters</b> <b>TGIF</b> Bar opens at 5:00	 <b>18</b> <b>Laser Masters</b>
 <b>19</b>  <b>Laser Masters</b> <b>No Score Rum Race</b> Bar Opens at 2PM	<b>20</b>	<b>21</b> <b>Art group</b> 10am	<b>22</b>	<b>23</b>	<b>24</b>  <b>TGIF</b> Bar opens at 5:00	 <b>Commodore's Ball</b> 5:30PM
 <b>26</b> <b>Small Boats</b> Bar Opens at 2PM	<b>27</b>	<b>28</b> <b>Art group</b> 10am	<b>29</b>	<b>March 1</b>	<b>2</b>  <b>TGIF</b> Bar opens at 5:00	<b>3</b>
 <b>4</b> Bar Opens at 2PM Rum Race	<b>5</b>	<b>6</b> <b>Art group</b> 10am	<b>7</b> <b>Membership Meeting</b> 6:30PM	<b>8</b>	<b>9</b>  <b>TGIF</b> Bar opens at 5:00	<b>10</b> <b>Low Country Boil</b> 6 to 9 PM
 <b>11</b> <b>Small Boats</b>	<b>12</b>	<b>13</b> <b>Art group</b> 10am	<b>14</b>	<b>15</b>	<b>16</b>  <b>TGIF</b> Bar opens at 5:00	<b>17</b>
 <b>18</b> <b>Rum Race</b> Bar Opens at 2PM	<b>19</b>	<b>20</b> <b>Art group</b> 10am	<b>21</b>	<b>22</b>	<b>23</b>  <b>TGIF</b> Bar opens at 5:00	<b>24</b>
 <b>25</b> <b>Small Boats</b> Bar Opens at 2PM	<b>26</b>	<b>27</b> <b>Art group</b> 10am	<b>28</b>	<b>29</b>	<b>30</b>  <b>TGIF</b> Bar opens at 5:00	<b>31</b>



# Bulletin Board



**INVOICE REMINDER:** Please remember to use (and print clearly) the PRIMARY MEMBER'S LAST NAME on all purchases; Bar Checks, House Checks, Bosun Locker Checks, etc., including member payment personal checks, so bookkeeping errors can be kept to a minimum.

## MYC Board/Officer Email Addresses

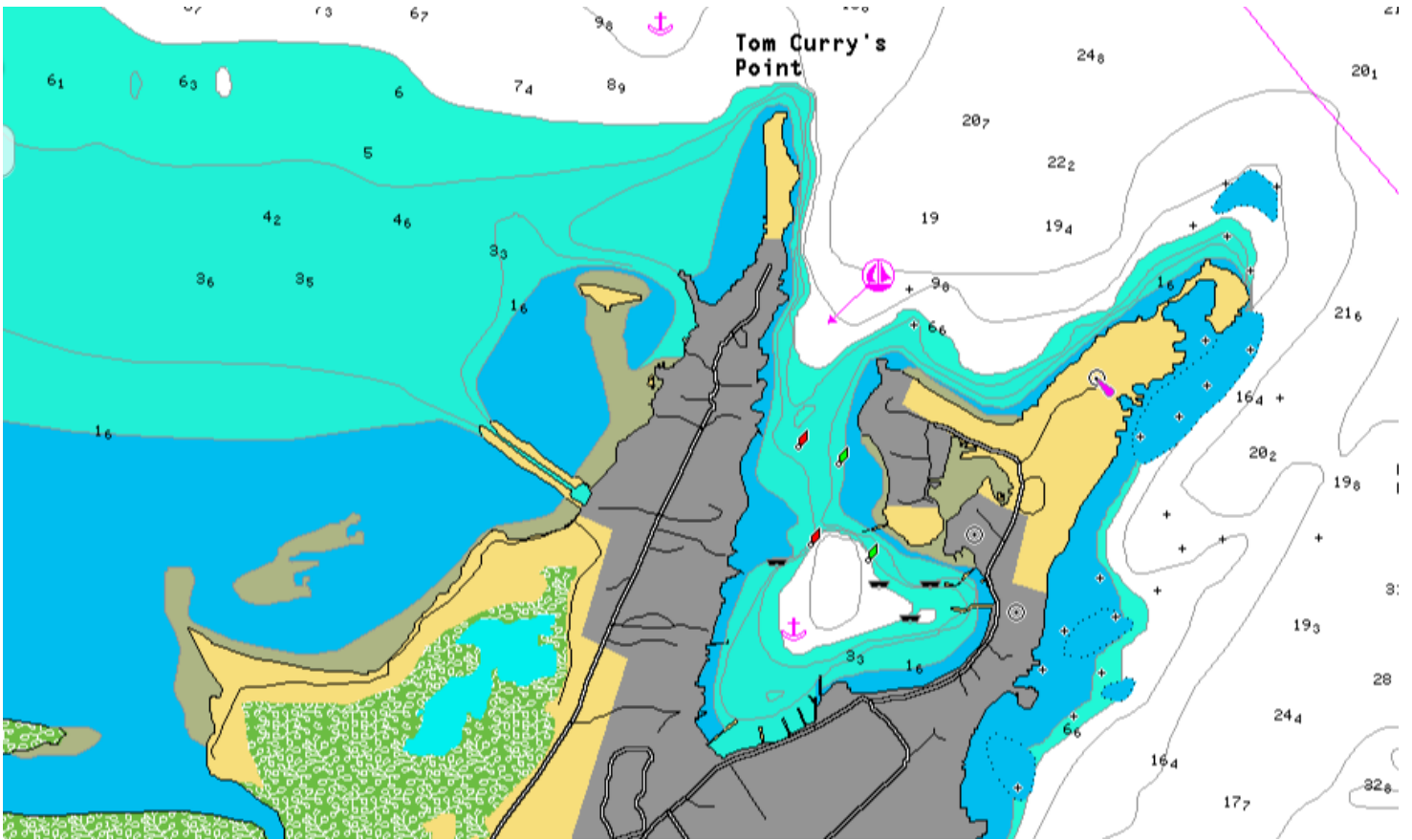
@melbourneyachtclub.com  
mycboard@  
myccommodore@  
myccommodore-vice@  
myccommodore-rear@  
myctreasurer@  
mycsecretary@  
mycdockmaster@  
mycentertainment@  
mycfleet@  
mycmembership@  
mycyouth@  
mycbar@  
Newsletter address:  
myc-news@

**ARTISTS GATHERING** Every Tuesday morning at 10:00 AM.



The local Coast Guard Auxiliary is offering a boating safety class, "About Boating Safety", on Saturday, February 25<sup>th</sup>. The class includes information about boat handling, state and federal regulations, and recommended safety equipment. Successful students may qualify for boating education discounts, and will earn their Florida State Boater Education ID Card. Cost for the class is \$35, with discounts for families, and includes lunch. If interested, contact Public Education staff officer Grant Ball at 321-727-1500.





**MELBOURNE  
YACHT CLUB**



1202 E. RIVER DR., MELBOURNE, FL 32901



*The Tell Tale is the official newsletter of the Melbourne Yacht Club. Deadline for submissions is the first Wednesday of the month. All MYC members are encouraged to submit articles or notices of interest to the Club.*

***Laser Masters***

16-19 February

***Miami Boat Show***

16-20 February

***Commodore's Ball***

25 February

***Low Country Boil***

10 March

***Dania Flea Market***

15-18 March